

# ISOLATION OF *BRUCELLA MELITENSIS* AND *BRUCELLA ABORTUS* FROM BRUCellosIS PATIENTS BY CONVENTIONAL CULTURE METHOD AND POLYMERASE CHAIN REACTION TECHNIQUE

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## ABSTRACT

**Objective:** Isolation of *B. melitensis* and *B. abortus* from brucellosis patients by application of conventional culture and PCR methods and comparison of sensitivity of both techniques in diagnosis of human brucellosis.

**Duration and place of study:** Infectious diseases Ward, Ahwaz University's hospitals over a period of 9 months (September 2003 to May 2004).

**Patients & Methods:** A total of 30 peripheral blood samples were collected from patients with brucellosis referred to Infectious Diseases Unit of Ahwaz University's hospitals. The samples were inoculated into Castaneda medium and after 7-30 days, the isolated colonies were identified by inoculation into brucella agar containing thionine and fuschin and by performance of biochemical tests. DNA was extracted from colonies and serum samples and examined by PCR involving specific primers for *B. melitensis* and *B. abortus* based on IS 711 in the brucella chromosome.

**Results:** We identified 8 isolates of *B. melitensis* using culture and biochemical methods. When PCR technique was applied to serum samples, 28 cases were positive for *B. melitensis* and we were able to isolate more cases compared to culture method and the difference was significant ( $P < 0.05$ ). The sensitivities of culture and PCR in this study were determined as 26.6% and 93.3% respectively. Neither of examined cultures or sera subjected to PCR were positive for *B. abortus*.

**Conclusions:** The results of present study showed that PCR assay is a rapid and sensitive technique for diagnosis of brucellosis compared to culture method. However it is more valuable when coupled with conventional methods.

**KEY WORDS:** *B. melitensis*, *B. abortus*, Blood Culture, PCR.

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## INTRODUCTION

Brucellosis is a zoonosis that produces severe morbidity in humans, and, is still of both health and economic significance in many developing countries.<sup>1</sup> The disease exists worldwide, especially in the Mediterranean basin, the Middle East, India, and Central and South America.<sup>2</sup> Half a million new cases are reported worldwide each year, but according to the World Health Organization, these numbers greatly underestimate the true incidence of this human disease.<sup>3</sup> The disease is produced by several different species of brucellae, of which four, namely, *Brucella abortus*, *B. suis*, *B. canis* and especially *B. melitensis* are able to cause human infections.<sup>4</sup>

The clinical picture of brucellosis is very nonspecific and may, moreover, show great variability.<sup>5</sup> Its diagnosis, therefore, requires microbiological confirmation. Peripheral blood is the clinical sample most commonly used for isolation of brucella spp. with acute forms produced by *B. melitensis*. The number of positive results from blood culture is usually high, i.e. 70 to 80% of samples,<sup>6</sup> however in patients with long illness and focal complications, the percentage of positive samples rarely exceeds 30 to 50%.<sup>7</sup> Furthermore, culture of blood is time-consuming and requires prolonged incubation. It also possess considerable risk to laboratory personnel because brucella spp. are class III pathogens and need expert handling.<sup>8</sup>

The serological tests that are used for the diagnosis of brucellosis, despite that they are easy to perform, lack the required specificity, especially in the endemic area of the disease, in patients with a suspected relapse and in patients with a recent history of brucellosis.<sup>9</sup> Moreover, most serological tests can produce cross-reaction with other bacteria.<sup>10</sup>

Amplification of DNA by polymerase chain reaction (PCR) has been in use for decades to diagnose several infectious diseases caused by fastidious or slowly growing bacteria. Previous studies have detected the small amounts of brucella DNA in pure cultures of human and animal samples by means of PCR.<sup>11-13</sup>

In this study, we investigated the potential role of the PCR assay in detection of *B. melitensis* and *B. abortus* from patients suspect to brucellosis using serum samples, and compared its sensitivity with conventional diagnostic method.

## PATIENTS AND METHODS

**Sampling:** This was a prospective cross-sectional study conducted in Ahwaz, Iran, over a period of 9 months (September 2003 to May 2004). A total of 30 peripheral blood samples were obtained from patients suspect to brucellosis referred to Infectious Diseases units of Ahwaz University's hospitals. The samples were taken before adequate antibiotic treatment was begun. Informed consent was taken from patients or their families in the presence

of the research assistants. Beside, permission was obtained from human ethics committee at the university, during the approval of the proposal. The patients were 15 men and 15 women, and their age ranged from 18 to 65 years with a mean of 35.7.

The diagnosis of brucellosis was established by the presence of a compatible clinical picture including undulant fever, night sweat and low back pain together with the demonstration of specific antibodies at significant titres. This was considered to be a Wright's seroagglutination test titer of >1:80 and 2ME test of >1:40.

**Culture and biochemical tests:** Ten milliliters of peripheral blood were taken from each patient and divided into identical parts. One part was collected in EDTA and the serum was separated from the second part, were aliquoted and stored at -20°C until processing. The first part of the blood with anticoagulant was inoculated into Castaneda biphasic blood culture medium (Kushafar Giti, Tehran, Iran) containing both a solid and a liquid phase,<sup>14</sup> and incubated at 37°C in the presence of 10% CO<sub>2</sub>. After 7-30 days, colonies grown in the solid phase, were identified by inoculation into brucella agar (PatanTeb, Tehran, Iran) containing Thionine and Fuschin and by performance of biochemical tests.<sup>15</sup>

**DNA extraction:** DNA was extracted from colonies grown on solid media by simple boiling method. In short, few colonies were removed and suspended in 500µl of sterile double distilled water and kept in boiling water bath for 10 min. After centrifugation at 12000 g for 3 min, 5µl of supernatant was used for the PCR. DNA was extracted from serum samples by using DNA extraction and purification kit (Cinnagen, Tehran, Iran) according to manufacturer's instruction.

**PCR:** Oligonucleotide primers specific for IS711 *B. melitensis* and *B. abortus* which were used in this study, were: 5'-AAA TCG CGT CCT TGC TGG TCT GA and 5'-TGCCGA TCA CTT AAG GGC CTT CAT for *B. melitensis* and 5'- GAC GAA CGG AAT TTT TCC AAT CCC and 5'-TGCCGA TCA CTT AAG GGC CTT CAT for

Table-I: Comparison of the results of the PCR amplification procedure with those of routine blood culture for the diagnosis of 30 cases of patients suspect to brucellosis.

Method	positive (%)	negative (%)
Culture	8(26.6)	22(73.4)
PCR	28(93.3)	2(6.7)

*B. abortus*.<sup>16</sup> PCR assay was performed in a final volume of 25 µl mixture containing 50 mmol KCl, 10mmol Tris-HCl (pH 8.3), 1.5 mmol MgCl<sub>2</sub>, 0.2 mmol of each deoxynucleotide triphosphate, , 0.5 µmol of each primer, 1.25 unit Taq polymerase and 5µl template (Cinnagen, Tehran, Iran).

The amplifications were carried out in a Techgene thermocycler, with the following steps: initial denaturation at 95 °C for 3 min followed by 35 cycles of 95 °C for 2 min, 55 °C for 2 min and 72 °C for 2 min with a final extension at 72 °C for 4 min.<sup>17</sup> The products were analyzed by electrophoresis through a 2% (w/vol) agarose gel, after which the gel was stained with 0.5 mg/ml ethidium bromide, and DNA fragments were visualized by UV transilluminator. Positive and negative controls of PCR were included in each experiment. Negative control, containing all the reagents but lacking template DNA were processed exactly as has been described to monitor for contamination with brucella DNA. All were negative in all experiments. Positive controls with 100ng of genomic DNA isolated from a suspension of *B. melitensis* and *B. abortus* were also included. All PCR reactions were carried out in duplicate. A strain of staphylococci from our department was used as a control for the DNA extraction and contamination; its PCR was negative in all the experiments carried out. Data were analyzed with the help of SPSS software, using Chi square and T-Test.

## RESULTS

For eight patients (26.6%), the diagnosis of brucellosis was established by isolating the pathogen in blood cultures. All the strains isolated were identified as *B. melitensis* (Figure-1). When PCR technique was applied

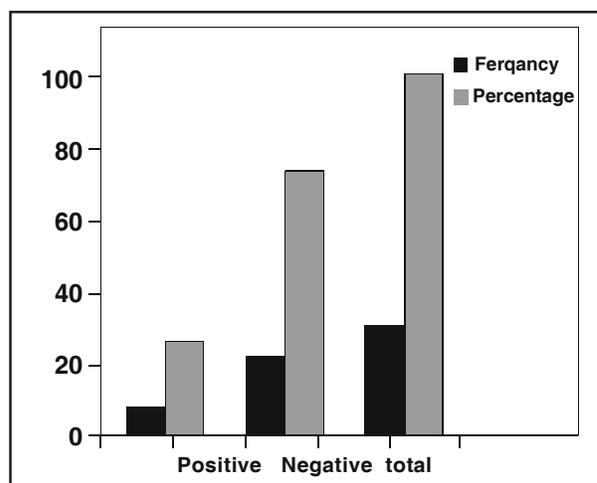


Fig-1: The results of the conventional culture method based on the frequency of the isolates

to serum samples, 28 cases (93.3%), were positive and gave 731bp *B. melitensis*-specific bands (Figure-2). All the culture positive samples were confirmed by PCR of pure culture and relevant serum samples. Neither of examined cultures or sera subjected to PCR were positive for *B. abortus*. The sensitivity of the PCR in this study was 93.3%. Table-I, shows the diagnostic results of PCR compared with those of conventional culture methods for the 30 cases of brucellosis studied. The difference was significant ( $P < 0.05$ ).

## DISCUSSION

Our results showed that the sensitivity of the PCR assay using serum samples was far superior (93.3%), to that of conventional culture, which was positive for only 26.6% of cases. This very good sensitivity, confirms that the PCR assay could be a useful tool for the diagnosis of human brucellosis as other investigators showed by using whole blood<sup>18-20</sup> or serum samples.<sup>21</sup>

The explanation for the low yield of conventional culture in present study, appears to be related more to the low number of pathogen in the blood sample and use of different antibiotic treatments for various diagnostic suspicion in other clinical sectors, before referring to Infectious Diseases Units, than to the technical difficulty of isolation brucella spp. from

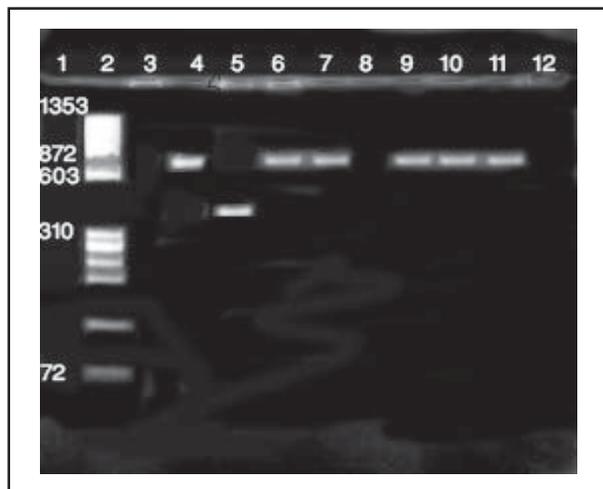


Figure-2: Agarose gel electrophoresis, analysis of PCR-amplified DNA products.

Lane 2: Molecular Weight (bp) marker\*, lane 3: negative control, lane 4: *B. melitensis* positive control (731bp), lane 5: *B. abortus* positive control (498bp), Lanes 6 to 12: patients samples.

\* Marker: X-174 DNA/Hae III, band size: 1353, 1078, 872, 603, 310, 281/271, 234, 194, 118, 72

clinical samples. The high degree of sensitivity of the PCR assay even for patients who had previously received nonspecific antibiotic therapy, seems to be related to the high degree of detection capacity of the technique. As it was estimated in other studies, the detection capacity is about 10 to 100fg of DNA.<sup>20</sup> Moreover, PCR is able to amplify intra-macrophage pathogens or pathogens which are damaged or nonviable as a result of previous treatment and which would be impossible to isolate in conventional culture.

In most of the PCR works on brucellosis, whole- blood was used. In this study, we used serum samples instead of whole- blood for PCR assay. There is only one study in which serum is the preferred clinical specimen for diagnosis of human brucellosis.<sup>21</sup> In their study, the diagnostic sensitivities for serum and whole-blood assay were 94% and 61% respectively. The use of serum instead of whole-blood samples, offers several advantages for nucleic acid amplification methods. Inhibition by anticoagulants, hemoglobin, human DNA, or any other substance present in whole-blood but not in serum, is circumvented. Besides, red blood cell lysis, washings by centrifugation,

and measurement and adjustment of isolated DNA concentrations are not required.<sup>21</sup> Regarding the origin of pathogen nucleic acids in serum samples, most probably, they are released in the circulation as breakdown products during bacteremia, as several studies have documented the presence of circulation pathogen DNA in serum samples.<sup>22, 23</sup>

Finally, in addition to the high yield of the PCR assay for the diagnosis of human brucellosis according to present study, and focal complications in such patients as previously reported,<sup>20</sup> other important aspects are: 1) PCR is fast, providing results in 24 hour, which is much less than the time required for conventional methods to rescue a fastidious microorganism such as brucella spp., 2) the technique almost completely obviates the necessity for direct handling of the pathogen, thus drastically reducing the risk of infection of laboratory personnel, and 3) the sample can be stored at  $-20^{\circ}\text{C}$  until processing, thus enabling it to be collected by any physician and processed immediately, or else stored and safely sent to another laboratory if necessary.

In conclusion, the high degrees of sensitivity of PCR assay, together with its speed, versatility in sample handling, and risk reduction for laboratory personnel, make this technique a very useful tool for the diagnosis of brucellosis, compared with conventional culture method.

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